



**SUBJECT: SST (HISTORY)**

**Ch-5 INDIA, THAT IS BHARAT**

**NOTES**

**Q1. How we define India?**

Ans: India can be defined as a country which has a rich cultural and spiritual history that dates back to thousands of years to ancient civilizations like the Indus valley civilization and the vedic period.

**Q2. What were the ancient names for India?**

Ans: The ancient names for India were Bharatavarsha , Jambudvipa and Bharat.

**Q3. Discuss what could be the meaning of the quotation at the start of the chapter.**

Ans: The quotation indicates that the principles that form the foundations of India's spiritual and cultural unity were laid down. In ancient India itself and were followed down the centuries as a way of life for all.

**TRUE /FALSE:**

- a. False
- b. True
- c. True
- d. True
- e. False
- f. False
- g. False

**Q4. If you were born some 2000 years ago and had the chance to name our country, what name or names might you have chosen and why?**

Ans. I would have chosen the name 'Bharatvarsha' as the name covers the entire subcontinent as it existed in ancient times. Moreover this name would include all the people who inhabited the subcontinent.

**Q5. Why did people travel to India from various parts of the world in ancient times? What could be their motivations in undertaking such long journeys?**

Ans. In ancient times, people traveled to India for several reasons, motivated by its rich culture wealth, and strategic location:

1. Trade and Commerce- Traders and merchants would travel to sell their goods or exchange them for other products.
2. Religion and spirituality- many people came to India to gain knowledge about Buddhism.
3. Cultural exchange and learning- In ancient times, India was famous for its wealth, culture and philosophy.
4. Adventure and exploration- Many people driven by a spirit of adventure and desire to visit new and exciting places came to India.